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For immediate release

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Financially Fit for the Holidays

Saint John, NB -- Credit Counselling Services of Atlantic Canada (CCSAC) will be offering presentations to prepare consumers for the holidays. These presentations are open to the public at no cost to those attending.

"We are all aware that we are in the season of spending, and every one of us can use tips on how to manage the holidays without having a credit card hangover in January," says John Eisner, President of Credit Counselling Services of Atlantic Canada.

"Our goal is to have those attending leave with advice that will help them enjoy the holidays and make wiser decisions when it comes to their holiday spending," outlines Tamara Kelly, Director of Education for CCSAC.

Financially Fit for the Holidays will be hosted by our Certified Credit Counsellors across Atlantic Canada:

http://www.solveyourdebts.com/english/pdfs/financially_fit_for_the_holidays_2010.pdf

Credit Counselling Services of Atlantic Canada, Inc. (CCSAC) is a registered non-profit charitable organization, providing confidential and professional credit counselling and debt repayment programs to families and individuals. Your financial freedom is our success. Established in 1994, CCSAC has several offices located throughout Atlantic Canada. Follow us on Twitter @SolveYourDebts

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